What you’ll need . . .

» 1½ cups white vinegar, divided
» ⅓ cup dried lavender buds
» 1 lemon, peeled
» 2 small mason jars
» 1 spray bottle

1. To a small mason jar, add lemon peels and cover with ¾ cup vinegar. Close jar with lid.

2. To another small mason jar, add dried lavender buds and cover with remaining ¾ cup vinegar. Close jar with lid.
3 Allow peels and buds to infuse for 2 weeks.

4 After 2 weeks, strain out peels and buds and combine infused vinegars in a spray bottle. Dilute with 2½ cups water.

**Benefits of Lavender**

Lavender may help to eliminate nervous tension, relieve pain, disinfect the scalp and skin, enhance blood circulation and treat respiratory problems.