DIY Scrub Cleaner

What you’ll need...

» Airtight storage container  » 3–5 drops tea tree oil*
» 1 cup baking soda  » Fragrance oil (if desired)
» ¼ cup liquid castile soap  » Water

* Tea tree oil is antibacterial, antimicrobial, and antiviral. Use topically only in a diluted form, as in this scrub.

1. Combine baking soda, liquid soap, and tea tree oil in bowl. Add 1–2 drops fragrance oil if desired. Add enough water to form a loose paste and mix well.

2. You can store the scrub in a plastic storage bag temporarily. For long-term storage, try a wide mouth glass jar or old shampoo bottle.

3. To use, apply with a sponge or cloth, scrub, and rinse thoroughly. If the scrub loses moisture over time, simply add water and mix or shake.