

Film Screening: *A Man Called Ove*
Thursday, January 23 | 6–8 p.m.

► **L.E. Phillips Memorial Public Library | Eau Claire Room**
Watch the original Swedish production of the film, with English subtitles. Light refreshments provided.

Never Too Late: Tools for Healthy Living
Wednesday, February 12 | 6 p.m.

► **Altoona Public Library | City Hall Community Room**
What can we do to retain or improve function, prevent disability, manage ongoing health conditions, and protect our independence? Learn about the evidence-based health promotion programs offered by the Aging & Disability Resource Center of Eau Claire County.

Book Discussion
Thursday, February 20 | 6–7:30 p.m.

► **L.E. Phillips Memorial Public Library | Eau Claire Room**
Facilitators will lead participants in meaningful discussion of the book, ask follow-up questions to aid discussion, and answer questions or make referrals for questions that arise during discussion.

Cyber-security Workshop for Seniors
Monday, February 24 | 2 p.m.

► **Augusta Memorial Public Library**
Learn tips on how to stay safe online, set-up Facebook, install cell phone apps, edit digital photos and more in this free hands-on workshop presented by 4-H Tech Changemakers. Bring your devices for tech help or try ours at various stations within the library. Registration is required. Register by email at aulib@augustalibrary.org or call 715-286-2070. Co-sponsored by 4-H Program UW-Madison Division of Extension, Eau Claire County.

Book Discussion
Tuesday, March 3 | 6:30 p.m.

► **Fall Creek Public Library**
Facilitators will lead participants in meaningful discussion of the book, ask follow-up questions to aid discussion, and answer questions or make referrals for questions that arise during discussion.

The Story of Your Life: Writing your Forgotten Past
Tuesday, March 10 | 6–7 p.m.

► **L.E. Phillips Memorial Public Library | Eau Claire Room**
How do we conjure our long forgotten stories? And how can we recall those details that we thought had vanished from our memories? There's hope! And technique, too! Join author B.J. Hollars for a series of generative writing prompts sure to spur your memory, bring your past to the present, and help you write your life's story.

Co-sponsored by: Chippewa Valley Writers Guild and local literary journal *Barstow & Grand*.

Living Better Longer
Tuesday, April 7 | 1 p.m.

► **Fall Creek Public Library**
There are many misconceptions about aging—don't let fallacies keep you from doing the things you want. Let's look at factors that can help us live better longer.

Estate Planning Basics—Wills, Trusts, Charitable Giving
Monday, April 6 | 2–3 p.m.

► **Augusta Memorial Public Library**
Attorney Mary Beth Gardner will discuss estate planning, including wills, trusts, and charitable giving.

Book Discussion
Wednesday, April 8 | 6:30 p.m.

► **Augusta Memorial Public Library**
Facilitators will lead participants in meaningful discussion of the book, ask follow-up questions to aid discussion, and answer questions or make referrals for questions that arise during discussion.



Book Discussion
Friday, April 17 | 10 a.m.

► **Augusta Senior & Community Center**
601 Main St., Augusta | 715-286-2953
Facilitators will lead participants in meaningful discussion of the book, ask follow-up questions, make referrals, and provide answers to questions that arise during discussion.

Ove's Preserve and Store
Thursday, April 23 | 1–3 p.m., and repeated 6–8 p.m.

► **L.E. Phillips Memorial Public Library | Dabble Box**
Do you have memories to preserve that are stuck on VHS? Photos to scan and save? Find out how to preserve and store those memories. Space is limited and registration is required. Register online at www.ecpubliclibrary.info/eccreads.

Film Screening: *Tuba Ted, The Man & The Music*
Saturday, April 25 | 2 p.m.

► **Augusta Memorial Public Library**
Documentary film screening and discussion with writer and director Susan Reetz.

Shelter Pets Offer More Than Companionship
Thursday, April 30 | 6–7 p.m.

► **L.E. Phillips Memorial Public Library | Eau Claire Room**
There are really no "homeless" pets just those that have lost their people. These pets can offer companionship for all types of households and provide physical and emotional benefits that are sometimes overlooked. Discover how choosing to adopt affects the animals coming in to the Eau Claire County Humane Association and the Chippewa Valley Community.

Living Better Longer
Tuesday, May 26 | 6–7 p.m.

► **Fairchild Public Library**
There are many misconceptions about aging—don't let fallacies keep you from doing the things you want. Let's look at factors that can help us live better longer.

Book Discussion
Tuesday, May 26 | 7–7:30 p.m.

► **Fairchild Public Library**
Facilitators will lead participants in meaningful discussion of the book, ask follow-up questions, make referrals, and provide answers to questions that arise during discussion.



ABOUT THE EAU CLAIRE COUNTY READS READING PROGRAM

- This reading program is presented in partnership by the Eau Claire County public libraries and the Aging & Disability Resource Center of Eau Claire County.
- Copies of the selected book, *A Man Called Ove*, are available to check out in a variety of formats at your local library, sponsored in part by the Aging & Disability Resource Center of Eau Claire County.
- Each participating library will host one or more programs related to the issues presented in *A Man Called Ove*.
- All programs are free and open to anyone who is interested in attending, though some programs do require registration.

CO-SPONSORED BY



Fairchild Public Library

Aging & Disability Resource Center of Eau Claire County
721 Oxford Ave, Rm 1130, Eau Claire • 715-839-4735

Altoona Public Library
1303 Lynn Ave, Altoona • 715-839-5029

Augusta Memorial Public Library
113 North Stone Street, Augusta • 715-286-2070

Fairchild Public Library
208 Huron Street, Fairchild • 715-334-4007

Fall Creek Public Library
122 E. Lincoln Ave., Fall Creek • 715-877-3334

L.E. Phillips Memorial Public Library
400 Eau Claire Street, Eau Claire • 715-839-5004

COMMUNITY RESOURCES

Aging & Disability Resource Center of Eau Claire County
715-839-4735
adrc@co.eau-claire.wi.us

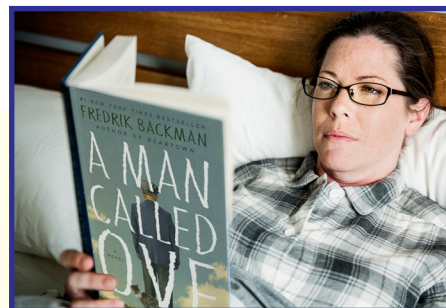
Chippewa Valley LGBTQ+ Community Center
715-552-5428
info@cvlgbt.org

L.E. Phillips Memorial Public Library
Home Delivery Service
715-834-5004
librarian@eauclaire.lib.wi.us

L.E. Phillips Senior Center
715-839-4909
marypa@lephillipsseniorcenter.com

National Alliance on Mental Illness Chippewa Valley
715-450-6484

Northwest Connections
(telephone and mobile crisis services)
888-552-6642
humanservices@co.eau-claire.wi.us



EAU CLAIRE COUNTY Reads

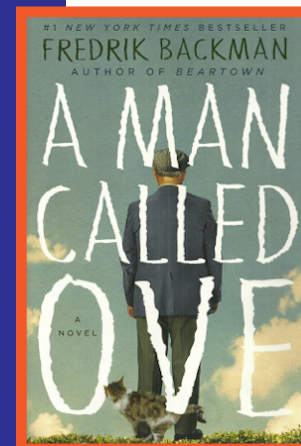


January–May, 2020

Eau Claire County Reads

is a county-wide reading program encouraging literacy and community engagement. The selected title is

A Man Called Ove, by Fredrik Backman, a comical and heart-warming tale of unkempt cats, unexpected friendship, and the ancient art of backing up a U-Haul.



www.ecpubliclibrary.info/eccreads