

# PROJECT CARD

## Sewn Face Mask



### What you'll need . . .

- » Two 10"× 6" rectangles of cotton fabric\*
- » Ruler or measuring tape
- » Pencil or marker
- » Pinking shears or scissors
- » Iron or sewing pins
- » Sewing machine or needle and thread
- » 18 inches  $\frac{1}{8}$ " wide elastic
- » Four safety pins

\*Use tightly woven fabric like quilting fabric or cotton sheets. This example uses quilting fabric and a sheet as the lining, but you can use the same fabric for both rectangles.



1

Measure, mark, and cut out the rectangles. Using pinking shears will help keep the edges from fraying, but isn't necessary. Stack the rectangles together with the right sides of the fabric on the outside.

2

With the lining fabric on top, fold up the long sides  $\frac{1}{4}$ ". If you have an iron, press the folds, otherwise, pin to keep the folds in place. Stitch the folds.



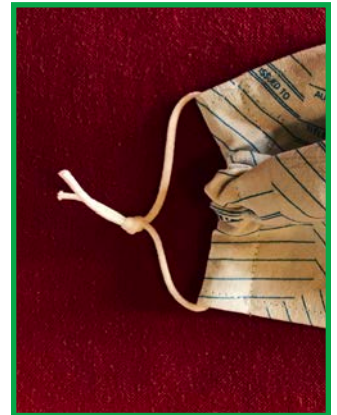
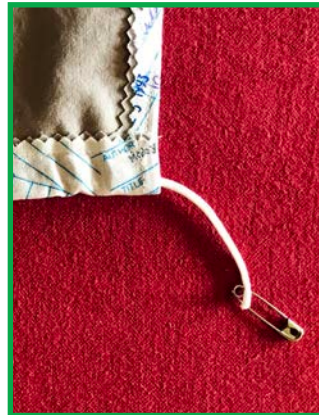
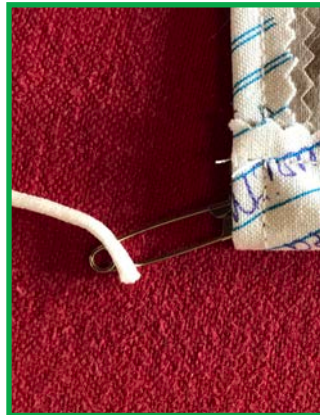
3

Now fold up the short sides  $\frac{1}{2}$ ". Iron or pin. Stitch the folds.



4

Cut two 9" pieces of elastic for the ear loops. Thread a piece through each side fold, and tie the ends loosely. To make threading easier, pierce the end of the elastic with a safety pin, and work the pin through the fold.



5

Test fit the mask, scrunching the fabric in towards the middle of the fold. If needed, adjust the placement of the knot. When the fit is right, pull the knot tight and trim the ends of the elastic. Gently pull the elastic through the fold so the knot is tucked inside, then readjust and use safety pins to secure the elastic and remove the mask. Stitch the elastic in place.

